

## Internet Awareness

The internet can be an amazing recourse providing us with masses of opportunities we'd never have had before from education at your fingertips to connecting with family and friends around the world. However, like many new technologies, it can also be abused. It is important to ensure you stay safe on the internet especially when nowadays it touches almost all aspects of everyone's daily life. Below are a few points to take into consideration when online.

- o Email links/attachments from strangers – Viruses can be spread through email attachments and links, if you're unsure what you are opening do not open it.
- o Email scams – Email scams are not uncommon and can include companies promising you're entitled to millions of pounds and asking for your personal information. Another common scam involves companies pretending to be your bank claiming there is a problem with your account, if this happens either forward the details to your bank, visit them or phone them up and they can let you know if it's from them. The majority of legitimate companies will never email you asking for your password.
- o Be wary of suspicious emails even from friends – stating that they're stuck in a foreign country after having their wallet and passport stolen from them so are asking for money to be sent over too them, this is all done by a hacker trying to get into an email account.
- o Online banking – Ensure when doing online banking that the technology you're using is secure and has relevant anti-virus software that can guard you against potential hackers. Never access your online banking through an email sent to you and complete transactions online only when the URL says 'https' instead of 'http', the 's' stands for secure.