

Don't forget that there are gangs of young people who are targeting the over 60's and if it sounds too good to be true IT IS.

Put the phone down. This is not being rude but self preservation.

Here are some **DON'TS**.

- Never give out personal details over the phone.
- Don't get pushed into snap decisions. Speak to someone else (family or friend) and get advice. If in doubt return the call from a different phone line.
- Don't give out or tap in your PIN. Banks never ask for this.
- Prevent nuisance calls. Register with the Telephone Preference Service. Putting one or more phone numbers, including mobiles, on the list can easily be performed by phone (0345 0700707) or online at the TPS website (<http://www.tpsonline.org.uk>) by selecting **Register** and then entering your details as requested. If you want to add more landline or mobile numbers, having previously registered your landline, you simply start a new registration.
- These fraudsters use an online directory that lists people by location and age. To prevent this, opt out of the "open" electoral register and make sure that your land line is ex-directory. The electoral register is held by your local authority.

KEEP SAFE AND ALWAYS PUT THE PHONE DOWN ON UNUSUAL PHONE CALLS AND DELETE UNKNOWN EMAILS WITHOUT OPENING THEM.